

Club Sport Holiday Camps

Sample Weekly Timetable

	8:30-9am	9-9:45am	9:45-10:30am	10:30-11:00am	11:00-11:45am	11:45-12:30pm	12:30-1:30pm	1:30-2:00pm	2-3pm	3-4pm	4-4:30pm	4:30-5pm	5-6pm
MONDAY	Drop Off & Free Play Games	Kwik Cricket	Netball	Morning Break	Football	Basketball	Lunch Break & Free Play Games	Afternoon Energiser Game	Nerf Wars	Dodgeball	Afternoon Break	Nintendo Wii and sport of choice	Capture the Flag
TUESDAY	Drop Off & Free Play Games	Tennis	Tag-Rugby	Morning Break	Badminton	Ultimate Frisbee	Lunch Break & Free Play Games	Afternoon Energiser Game	Fencing	Dodgeball	Afternoon Break	Nintendo Wii and sport of choice	Spy Games
WEDNESDAY	Drop Off & Free Play Games	Tri-Golf	Archery	Morning Break	Football	Basketball	Lunch Break & Free Play Games	Afternoon Energiser Game	Rounders	Dodgeball	Afternoon Break	Nintendo Wii and sport of choice	Parachute Game
THURSDAY	Drop Off & Free Play Games	Street Dance	Lacrosse	Morning Break	Gymnastics	Rounders	Lunch Break & Free Play Games	Afternoon Energiser Game	Benchball	Dodgeball	Afternoon Break	Nintendo Wii and sport of choice	Hockey Tournament
FRIDAY	Drop Off & Free Play Games	Archery	Netball	Morning Break	Kickball	Nerf Wars	Lunch Break & Free Play Games	Afternoon Energiser Game	Handball	Dodgeball	Afternoon Break	Nintendo Wii and sport of choice	Athletics
Break Times, Snack/Lunch and Free Play Activities													
Sports & Active Games Activities													
PLEASE NOTE ACTIVITIES MAY DIFFER FROM THE ABOVE AND VARY ACROSS SITES.													